

Components of Breast Enhancement Cream

A large part of the ingredients found in [breast enhancement creams](#) are also in other natural BE. Since the elements of a cream are those that you can find in the natural environment, the body can easily assimilate the substance and enjoy the effects of these **natural breast enlargers**. These components are taken from conclusive studies made from both the mainstream western medicine and alternative medicine. One of the many ingredients of a BE cream is **Dong Quai**. This Chinese herb was primarily used to relieve women with menopausal symptoms such as hot flashes. It is also used to reduce menstrual cycles and cramps. Dong Quai is most effective when combined with synthetic estrogen. Dong Quai also prevents blood clotting and relaxes the muscles in the uterus. Another ingredient used is fennel seed. Like Dong Quai, fennel seed is a proven traditional medicine primarily used for increasing a woman's menstrual flow, increasing the flow of breast, and improving the female libido. There are components in fennel seeds that are used in synthetic estrogens. Upon use, women report an increase in breast tissue as well as growth of the uterine tissue. Fennel seed basically supplements the woman's hormones to achieve the desired result. Even far-flung countries like Thailand have something to say when it comes to making **breast enhancement creams**. Kwao Krua is a traditional medicinal ingredient in Thai culture since it is used to improve the different parts of the female body including hair, skin, hip, and even the vagina. Like other ingredients for a breast enhancement cream, **Kwao Kura** has some components present in synthetic estrogen. Kwao Kura also improves skin tone and relieves muscle strain. If you take Kwao in cream form, studies show that it has high success in supplementing your natural breast enhancement program. Wild yam is another effective ingredient used in BE creams and other natural breast enlargers. Wild yam contains diosgenin which is an ingredient used for synthetic estrogen. Like other ingredients of breast enhancement creams, wild yam relieves menopausal symptoms and improves the condition of women having pre-menstrual syndrome. Studies show that consuming white yam increases the estrogen level in women. Each of these ingredients has distinct benefits and side effects that come with vary degrees of effectiveness. Different manufacturers, take most of these ingredients to produce their version of **breast enhancement creams**. A certain combination of these ingredients will work for some and will not work for others. Since the side effects of these products are mild if not negligible, you can try various products for yourself and choose the best one for you. Discuss the safety of these ingredients or if you may be allergic to the ingredients of your breast enhancement cream with your doctor. At the same time, if you abide by the dosage instructions and follow the diet prescribed by your health provider, you can achieve your goals quickly.

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