

## IBS Medications

There are currently many possible treatment choices for patients with IBS to try, and research is continually being done to find new effective medications. Nonetheless, many of the commonly used drugs to treat IBS have not been definitively proven to be superior to placebo. An extensive review by Klein of randomized, double-blind, placebo-controlled trials performed between 1966 and 1988 found that none of the studies provided sound statistical evidence to suggest that any of the medications used were beneficial in treating IBS, chiefly because of poor trial design and statistical analyses in the published studies. More recent improvements in the design of trials has yielded evidence to support the use of smooth muscle relaxants and antidepressants in pain-predominant IBS, use of the antidiarrheal loperamide for diarrhea, and the use of fiber for constipation. The emergence of combination medications, as well as the increased use of neurotransmitter regulators, will most likely enhance the efficacy of future IBS treatments.

Bowtrol is the only natural remedy that is clinically proven effective for Irritable Bowel Syndrome. If you are suffering from constipation, diarrhea, or both in alteration, abdominal pain, bloating, and heartburn more than once a month, you are not alone. Irritable Bowel Syndrome (also called IBS) affects about 25 million to 50 million people in US alone.

## About the Author

For more information visit: <http://www.bowtrol.com>

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