

## What Would You Do If You Knew You Could Not Fail?

by: Sandra A. Daley The next time you find yourself relaxing on the couch, having popped some corn and about to watch the "Sopranos", instead, pose this \$1,000,000 lottery question to yourself and see what flows. What would you do if you knew you could not fail? Would you work, not work? If you knew anything you touched or did held the possibility for success - whatever that is, what would you do? If there were no time constraints, no obstacles, no self-doubt, what would you do? Some of you are already saying, "What's the point of this!?" "This will never be real!" "Who's got a million dollars?...Not me!" Well, the whole point is to have you dream...to take a ride. To get to the heart of what it is that you truly value. To uncover the elements in life that is of importance to you. This "story" that you create gives you clues as to the elements you can furnish your "real life" with. More so, you may find that some of the things you dream on, cost nothing. For example, a walk in the park, time spent with friends, time spent with family, flowers in your home, eating well, exercise, a new home etc. Let me not put words in your mouth. Go on, and dream! In order to find out what it is you really want in your life, self-exploration is the first part of that process. Questions like \$1,000,000 question help you to begin to design the life, the career, and/or the relationship you desire. Pose this question to any aspect of your life, removing all boundaries, all "shoulds" and "should nots" and see what you come up with. You will be sure to unravel hidden strengths, talents, gifts and values. Values you can use in creating a game plan for your life Another important point is to be as specific as you can. Record all colors, the time of day, smells and people in your story. Be very specific. Dig deep. It's truly possible to live the life you dream - the life you want. But first you have to know what it is you want. Answering self-exploration questions like this is the beginning. Clearly, this is not simple. For many of us this is a challenge, especially if we rarely give ourselves permission to dream. Pestered voices corner us. But if you allow yourself to take on this type of questioning, you will find that your personal options for living are vast and varied. With all our world of choices and unlimited possibilities, let's begin with the dream... I dream that I often travel the world and bring back amazing and beautiful art to share with people. And everyone is pleased with me and they say, "ooh!" "aah!" and "gimme some of that!" about my findings. Hmm...What does that say about me?

## About the Author

Sandra A. Daley is the president of Daley Formulas...solutions for creative living, a life and career coaching company that believes that everyone is entitled to a full and prosperous life. She works with artists, entrepreneurs and people who are in transition in their lives and careers. Sandra facilitates several workshops: "Defining The Work You Love: A Career Fulfillment Workshop", "So You Wanna Be In Show Business: A Workshop On How To Break Into Acting" and "Leadership and Creativity". She also publishes an inspiring and resourceful, monthly newsletter called "Daley Formulas...solutions for creative living". To learn more visit: [www.daleyformulas.com](http://www.daleyformulas.com) or send an Email to [info@daleyformulas.com](mailto:info@daleyformulas.com).

Source: <http://www.serverforever.com>