

Your Mission Field At Work

 by: Kimberly Chastain One point many Christian Working Moms who have been interviewed have made is that they are a shining light in their work place. Whether or not you can speak openly about your faith at work, your co-workers are watching. Are they seeing Jesus in you? Do they see you handle ethical issues in a different manner than other co-workers? Do they see a peace in you amidst all of the stress of the job? Do they see your priorities are in order? Although, we are to be workers worthy of our hire we are first and foremost followers of Christ. Do your co-workers see you participating in the office gossip or do they see you leaving when those discussions come up? Do your co-workers see you building up or tearing down? Do they see compassion in you that is often woefully missing in this get ahead world we live in? I know as a Christian Working Mom often it is very difficult to get time alone with God. Are you taking your work struggles to him? Are you asking for his direction in a difficult situation? Are you praying for your co-workers to come to know Him? Are you praying that your co-workers who are Christians to grow in their knowledge of Him? I hope these questions make you think. They are convicting to me, when I read over them. Just in the last few months, I have been more attuned to God's leading in my therapy sessions. Often I will sense God is leading me in a certain direction that I would not go on my own. When I follow his lead, I often see many changes in my clients that would not happen with just my knowledge. I strongly believe God gives us wisdom and the knowledge to do our jobs. I also believe there are many times we need to ask God for wisdom and direction in the everyday tasks in our jobs. May everything we do glorify God. My prayer is you will be a shining light in your workplace. "In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven." Matthew 5:16

About the Author

© 2004 Kimberly Chastain Kimberly M. Chastain, MS, LMFT is the Christian Working Mom Coach and a Licensed Marriage and Family Therapist who specializes in helping Christian women make the most of their lives. She is the author of the on-line course, "I Can't Say No" and Pearls of Encouragement for Christian Working Moms, a free e-book. If you suffer from "I Can't Say 'No" Syndrome, visit Kimberly's site today for the details on an exciting email course that's sure to set you free! <http://www.christianworkingmom.com/online.htm>.

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